



Working at height

Location

Onsite

Duration

One day

Price

TBA on proposal

No. delegates

Max. 12

Please note certificates of attendance or accreditation will be issued on receipt of payment & attendance.

Falling from height is the single biggest killer of workers in the UK across all industry sectors, and consequently resulted in the long awaited introduction of the Work at Height Regulations in April 2005.

In 2008/09 there were 35 fatalities, 4654 major injuries and a further 7065 injuries that caused the injured person to be off work for over 3 days or more, due to a fall from height.

Course Content

This course is conducted in accordance with the requirements of the Working at Heights Regulations 2005 and covers the following subjects:

- What is working at height?
- Risk assessment
- Controlling the risk
- Weather
- Emergency Rescue
- Work Restraint
- Collective Fall Arrest
- Personal Fall Protection
- Suspension Trauma
- Fragile Surfaces
- Falling Objects
- Selection, Use & Maintenance of Equipment
- General Scaffolds
- Tower Scaffolds
- Mobile Elevated Working Platforms (MEWPs)
- Fall Arrest
- Inspection & Fitting a Harness
- Ladders & Step Ladders

Course Description

The Work at Height Regulations 2005 came into force on 6 April 2005. The Regulations apply to all work at height where there is a risk of a fall liable to cause personal injury.

As part of the Regulations, duty holders must ensure:

- All work at height is properly planned and organised;
- Those involved in work at height are competent;
- The risks from work at height are assessed and appropriate work equipment is selected and used;
- The risks from fragile surfaces are properly controlled; and
- Equipment for work at height is properly inspected and maintained.

Course Requirements

This course is for a maximum of 15 trainees and can be conducted on any site that has suitable facilities (power and seating).

The practical element of the training will be conducted using the customers equipment where possible and it is the customers responsibility to ensure the equipment is suitable for its intended use and is properly maintained.



**For further details please contact Anneka Thomson on 03450 570 042
or anneka.thomson@builders.org.uk**

TERMS & CONDITIONS

All places are allocated on a first come first served basis. Completion and return of a booking form will hold a provisional booking for seven days. Bookings will only be confirmed on receipt of full payment. Payment must be received 14 days prior to event date. On receipt of payment; confirmation of booking together with course information and VAT receipts will be issued by the course administrator. NFB Training reserves the right to alter trainers, timing and venue of the course for reasons beyond their control. NFB Training are constantly updating and improving course content and reserves the right to alter any of the course's content without prior notice.

CANCELLATIONS

Refunds (less an administrative fee of 30%) will be made for cancellations received in writing more than 10 working days prior to the event. No refund is available for cancellations made within the 10 working days prior to the event. Delegates may be substituted in order to avoid cancellation at any time prior to the event. There will be no charge if a substitute person wishes to replace the original delegate. Please inform the course administrator of any change to the original booking. The NFB shall make every effort to avoid the cancellation or rescheduling of an event. However we reserve the right to cancel an event at any time and, should the need arise, the NFB shall endeavour to provide attendees notice in good time and refund or reallocate any payments made in respect of the event. The NFB cannot accept liability for expenses or any other losses relating to costs or time to the delegate or their company.